

Jan 29 –Feb 16

High School

Menu

Monday, January 29	Tuesday, January 30	Wednesday, January 31	Thursday, February 1	Friday, February 2
<p>Entrée Hamburger/Cheeseburger Chicken Sandwich Turkey & Cheese Wrap</p> <p>Vegetables Potato Wedges Baked Beans</p> <p>Fruit Fresh Orange Frosted Blueberries</p> <p>Milk Options Skim Plain, Skim Chocolate</p>	<p>Entrée Beef Fiestada Pizza Cheesy Nachos ACP Bowl</p> <p>Vegetables Salsa Seasoned Black Beans</p> <p>Fruit Sliced Peaches Diced Pineapples</p> <p>Milk Options Skim Plain, Skim Chocolate</p>	<p>Entrée Chicken Tenders Meatloaf Salisbury Steak Whole Wheat Roll</p> <p>Vegetables Mashed Potatoes w/Gravy Green Beans</p> <p>Fruit Fresh Apple Mixed Fruit</p> <p>Milk Options Skim Plain, Skim Chocolate</p>	<p>Entrée Beef & Chili Beans w/Chips Philly Chicken Sandwich Chicken Pastry</p> <p>Vegetables Fresh Green Garden Salad Glazed Carrots</p> <p>Fruit Fresh Banana Raisels</p> <p>Milk Options Skim Plain, Skim Chocolate</p>	<p>Entrée Mac & Cheese Texas BBQ Corn Muffin French Bread Pizza</p> <p>Vegetables Oven Roasted Broccoli Buttery Corn Marinara Cup</p> <p>Fruit Fresh Grapes Peach Cup</p> <p>Milk Options Skim Plain, Skim Chocolate</p>
Monday, February 5	Tuesday, February 6	Wednesday, February 7	Thursday, February 8	Friday, February 9
<p>Entrée Meatball Sub Ham & Cheese Croissant Spicy Chicken Wrap</p> <p>Vegetables Potato Wedges Baked Beans</p> <p>Fruit Fresh Apple Mixed Fruit</p> <p>Milk Options Skim Plain, Skim Chocolate</p>	<p>Entrée Orange Chicken Teriyaki Beef Bites Chicken & Veg Dumplings Seasoned Rice</p> <p>Vegetables Oven Roasted Broccoli Seasoned Black Bean</p> <p>Fruit Fresh Pear Raisels</p> <p>Milk Options Skim Plain, Skim Chocolate</p>	<p>Entrée Popcorn Chicken Bowl Country Fried Steak Pork Chop Biscuit</p> <p>Vegetables Mashed Potatoes w/Gravy Buttery Corn</p> <p>Fruit Fresh Apple Diced Pineapples</p> <p>Milk Options Skim Plain, Skim Chocolate</p>	<p>Entrée Grilled Cheese Sandwich Hamburger/Cheeseburger Soybuter and Jelly Sandwich</p> <p>Vegetables Vegetable Beef Soup Baby Carrots w/Dip</p> <p>Fruit Fresh Banana Diced Pears</p> <p>Milk Options Skim Plain, Skim Chocolate</p>	<p>Entrée Pizza Cheese Sticks Hot Dog w/Chili Chili Cheese Fries</p> <p>Vegetables Oven Roasted French Fries Marinara Cup Green Beans</p> <p>Fruit Fresh Grapes Applesauce Cup</p> <p>Milk Options Skim Plain, Skim Chocolate</p>
Monday, February 12	Tuesday, February 13	Wednesday, February 14	Thursday, February 15	Friday, February 16
<p>Entrée Chicken Wrap Spicy Sloppy Joe on Bun Lasagna Roll up</p> <p>Vegetables Sweet Potato Fries Oven Roasted Broccoli</p> <p>Fruit Fresh Orange Blueberry/Strawberry Medley</p> <p>Milk Options Skim Plain, Skim Chocolate</p>	<p>Entrée Beef Taco Soup w/Chips Cheese Quesadilla Chicken Fajita</p> <p>Vegetables Salsa Seasoned Black Beans</p> <p>Fruit Fresh Pear Raisins</p> <p>Milk Options Skim Plain, Skim Chocolate</p>	<p>Entrée Pork Chop Salisbury Steak Meatloaf Whole Wheat Roll</p> <p>Vegetables Mashed Potatoes w/Gravy Green Beans</p> <p>Fruit Fresh Apple Diced Pineapple</p> <p>Milk Options Skim Plain, Skim Chocolate</p>	<p>Entrée Cheesy Baked Spaghetti Breadstick Pepperoni Pizza Meatball Sub</p> <p>Vegetables Fresh Green Garden Salad Buttery Corn</p> <p>Fruit Fresh Banana Diced Pears</p> <p>Milk Options Skim Plain, Skim Chocolate</p>	<p>Entrée Fish Nuggets Honey Sriracha Chicken Hushpuppies Calzone</p> <p>Vegetables Potato Wedges Baby Carrots w/Dip</p> <p>Fruit Fresh Grapes Applesauce Cup</p> <p>Milk Options Skim Plain, Skim Chocolate</p>

Either Chef Salad or Yogurt Parfait Offered Daily.

Lettuce and tomato cups offered with wraps, sandwiches, and tacos.

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF FOODS OR UNPLANNED SCHOOL SCHEDULING CHANG-
This institution is an equal opportunity provider.